

*Creating a conscious community Epilogue* prepared for dying and death" talk at Oneness Maleny, 8 March 2020

## All of us know we are going to die, but the majority of us live as though we never will

Have you ever thought:

- How can you contribute to creating a conscious community prepared for dying and death?
- How taking time to think about your ow end of life can help you to live more meaningful life and strengthen your community?
- Why community is essential in building a new consciousness around death and dying?
- What is needed for communities to regain their strength and wisdom in meeting death and dying?

Agnieszka Swiatlowska is an author of My Last Wishes Booklet, through which she has opened opportunities for individuals and families to meet death and dying consciously. Agnieszka says that: "By expressing wishes for your end of life, you create an opportunity for your family and friends to participate consciously in your last journey, allowing them to be present in ways, which enrich lives and make the grieving process more gentle."

Agnieszka offers products and services for individuals and families as well as workshops, talks and events for community members to explore death and dying from various perspectives. She holds monthly Epilogue's Cafe events in Eumundi for community members to come and share their thoughts about the end of life.

My Last Wishes Booklet will be available for sale after the talk for \$20.



"Creating a conscious community prepared for dying and death" talk at Oneness Maleny, 8 March 2020

Where: Hinterland Business Centre, at 38b Coral Street, Maleny

When: Sunday, 8 March 2020

**Time**: 4:00 pm-5:30 pm (doors open at 3:30 for chat plus have a cuppa & nibbles)

For enquiries about the talk contact Agnieszka on <u>www.epilogue.net.au</u>

Oneness Maleny is for anyone awakened and interested in topics related to consciousness. For more information about Oneness Maleny visit <u>https://www.onenessmaleny.com</u>

All of us know we are going to die, but the majority of us live as though we never will