



Making plans for your end of life journey requires considering numerous aspects of your wellbeing and life such as medical, financial, spiritual, etc. It can be felt overwhelming with no clarity where to start.

My Last Wishes Booklet guides you through this process in a gentle and clear way. The booklet offers also explanation why Enduring Power of Attorney, Advance Care Planning and Will are important parts of expressing your wishes for your death and dying and what is necessary to make those documents legally binding.

Each state in Australia has slightly different names for the Advance Care Planning. Please follow the links below to download the necessary document and read about the requirements in your state.

<p><b>Australian Capital Territory</b>            Enduring Power of Attorney  <a href="https://www.ptg.act.gov.au/powers-of-attorney">https://www.ptg.act.gov.au/powers-of-attorney</a>            Advance Care Plan Statement of Choices  <a href="https://www.health.act.gov.au/services/advance-care-planning">https://www.health.act.gov.au/services/advance-care-planning</a>            Public Trustee  <a href="https://www.ptg.act.gov.au">https://www.ptg.act.gov.au</a></p>	<p><b>New South Wales</b>            Enduring Power of Attorney  <a href="https://www.carersnsw.org.au/advice/plan-ahead/powers-of-attorney/">https://www.carersnsw.org.au/advice/plan-ahead/powers-of-attorney/</a>            Advanced Care Directive  <a href="https://www.carersnsw.org.au/advance-care-planning">https://www.carersnsw.org.au/advance-care-planning</a>            Public Trustee  <a href="https://www.tag.nsw.gov.au">https://www.tag.nsw.gov.au</a></p>
<p><b>Northern Territory</b>            Enduring Power of Attorney  <a href="https://nt.gov.au/law/processes/power-of-attorney">https://nt.gov.au/law/processes/power-of-attorney</a>            Advance Personal Plan replaces EPoA  <a href="https://nt.gov.au/law/rights/advance-personal-plan">https://nt.gov.au/law/rights/advance-personal-plan</a>            Public Trustee  <a href="https://nt.gov.au/law/processes/about-public-trustee">https://nt.gov.au/law/processes/about-public-trustee</a></p>	<p><b>Queensland</b>            Enduring power of Attorney and Advanced Health Directive  <a href="https://publications.qld.gov.au/dataset/power-of-attorney-and-advance-health-directive">https://publications.qld.gov.au/dataset/power-of-attorney-and-advance-health-directive</a>            Public Trustee  <a href="https://www.pt.qld.gov.au">https://www.pt.qld.gov.au</a></p>
<p><b>Southern Australia</b>            Enduring Power of Attorney  <a href="http://www.opa.sa.gov.au/planning_ahead/ending_power_of_attorney">http://www.opa.sa.gov.au/planning_ahead/ending_power_of_attorney</a>            Advance Care Directive  <a href="https://advancecaredirectives.sa.gov.au/">https://advancecaredirectives.sa.gov.au/</a>            Public Trustee  <a href="https://www.publictrustee.sa.gov.au">https://www.publictrustee.sa.gov.au</a></p>	<p><b>TAS</b>            Enduring Power of Attorney  <a href="https://www.publictrustee.tas.gov.au/ending-power-of-attorney.html">https://www.publictrustee.tas.gov.au/ending-power-of-attorney.html</a>            Advance Care Directive  <a href="https://www.dhhs.tas.gov.au/palliativecare/advance_care_planning_for_healthy_dying/advanced_care_directive_pamphle">https://www.dhhs.tas.gov.au/palliativecare/advance_care_planning_for_healthy_dying/advanced_care_directive_pamphle</a>            Public Trustee  <a href="https://www.statetrustees.com.au">https://www.statetrustees.com.au</a></p>

<p><b>Western Australia</b></p> <p>Enduring Power of Attorney  <a href="https://www.publicadvocate.wa.gov.au/_files/epa_kit.pdf">https://www.publicadvocate.wa.gov.au/_files/epa_kit.pdf</a>  <a href="https://www.publicadvocate.wa.gov.au/_files/EPA_Guide.pdf">https://www.publicadvocate.wa.gov.au/_files/EPA_Guide.pdf</a></p> <p>Advance Health Directive  <a href="https://ww2.health.wa.gov.au/~media/Files/Corporate/general%20documents/Advance%20care%20planning/PDF/preparing_an_advance_health_directive.ashx">https://ww2.health.wa.gov.au/~media/Files/Corporate/general%20documents/Advance%20care%20planning/PDF/preparing_an_advance_health_directive.ashx</a>  <a href="https://www.healthywa.wa.gov.au/Articles/J_M/Making-an-Advance-Health-Directive">https://www.healthywa.wa.gov.au/Articles/J_M/Making-an-Advance-Health-Directive</a></p> <p>Public Trustee  <a href="https://www.publictrustee.wa.gov.au">https://www.publictrustee.wa.gov.au</a></p>	<p><b>Advance Care Planning Australia</b> is a national organisation that provides information about how to make an advance care directive  <a href="https://www.advancecareplanning.org.au/individuals/how-to-make-an-advance-care-directive">https://www.advancecareplanning.org.au/individuals/how-to-make-an-advance-care-directive</a></p>
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